

أوقاف
إمارة دبي



مركز كوثية الحرمين
Pilgrims' Bureau Center



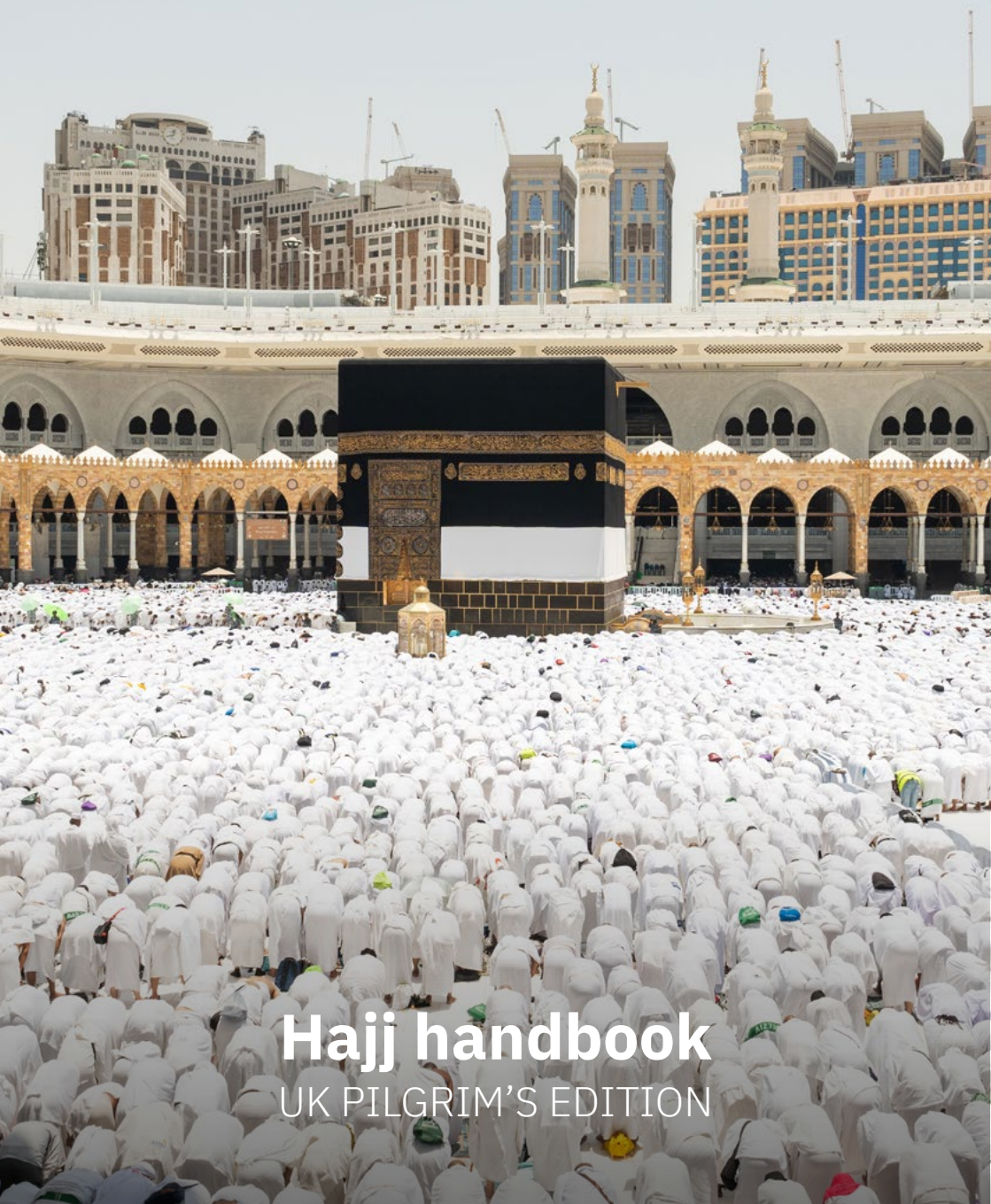
Hajj handbook

UK PILGRIM'S EDITION

Assalamu Alaikum, Dear Pilgrim

You have been called to the sacred journey of a lifetime. May this guide help you walk it with clarity, peace, and purpose

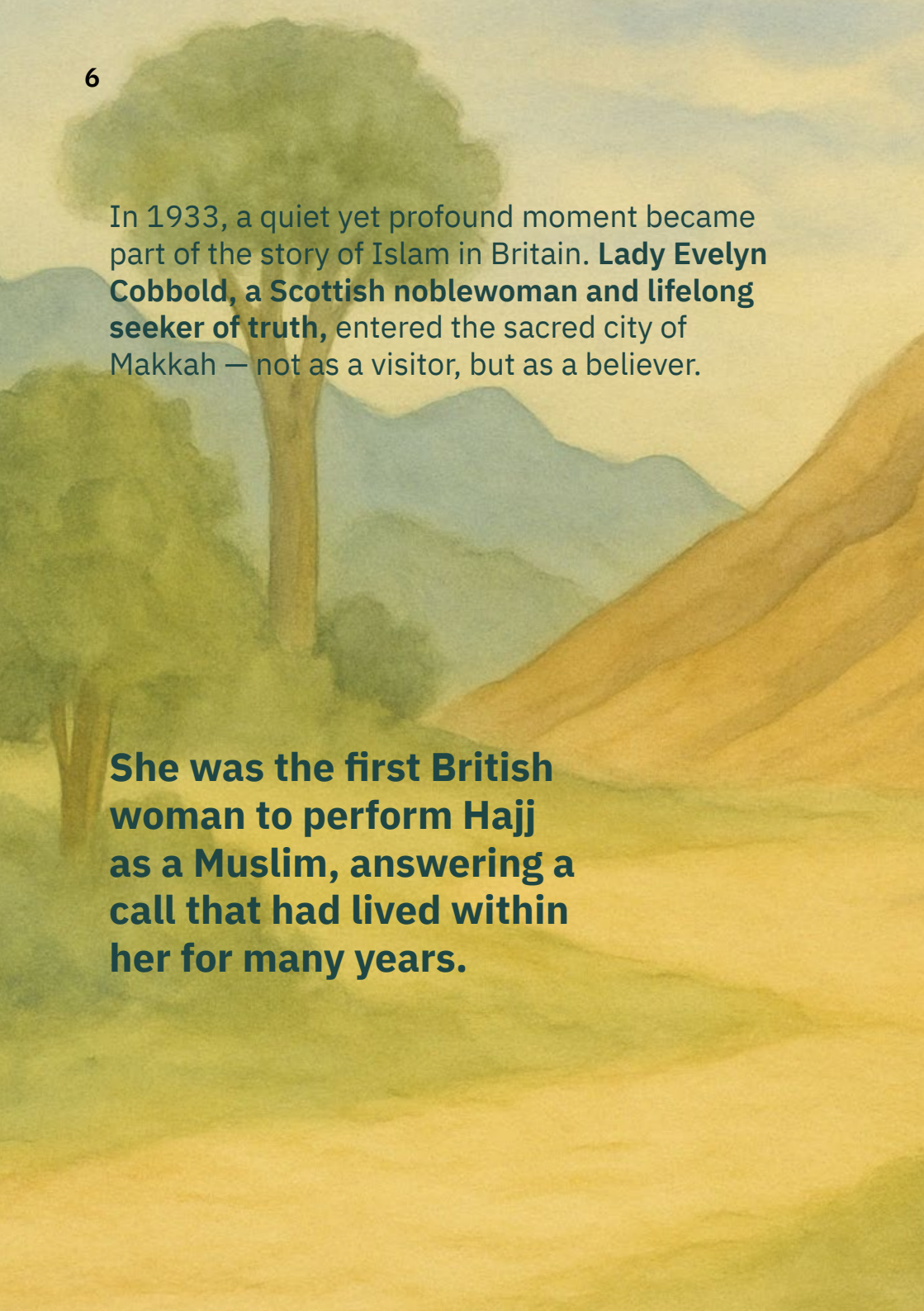
Hajj Mabroor, in sha Allah.



Hajj handbook

UK PILGRIM'S EDITION

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In 1933, a quiet yet profound moment became part of the story of Islam in Britain. **Lady Evelyn Cobbold, a Scottish noblewoman and lifelong seeker of truth**, entered the sacred city of Makkah — not as a visitor, but as a believer.

She was the first British woman to perform Hajj as a Muslim, answering a call that had lived within her for many years.

Raised amid the stillness of the Scottish Highlands, Lady Evelyn first encountered Islam during her youth as a traveller in North Africa.



What began as curiosity grew into deep reverence — for the words of the Qur'an, for the character of the Prophet ﷺ, and for the peace she found in prayer.

Her Islam was not proclaimed with fanfare, but quietly woven into her daily life — lived with sincerity and grace, not performance.

No matter how far the journey begins, the destination is one.

British Muslims, shaped by many lands and languages, now walk the ancient path to the sacred center — not only with their feet, but with their hearts.



Just as the first believers journeyed from every corner of Arabia, bringing their longing and devotion to a single House, so too do you — the guest of the Most Merciful — come now with your own hopes, history, and intentions.

Hajj is not only an act of movement, but a return — to origin, to meaning, and to a promise written long ago.

This handbook was prepared to accompany you — not just in logistics, but in purpose.

It is here to remind you that your steps carry light, and that every intention you hold is seen by the One who called you here.



Chapter One

A VALID VISA: YOUR FIRST STEP TOWARD HAJJ

Before you begin your journey, take a moment to check your visa type.

Not all visas permit you to legally perform Hajj. Even if you enter Saudi Arabia successfully, using a tourist visa may lead to serious legal consequences, and you may not be allowed to proceed with your pilgrimage.

**BOOK YOUR VISA ONLY THROUGH OFFICIAL,
AUTHORIZED CHANNELS.**

**REGISTER
HERE**



You do not need any intermediaries or agents.

What Type of Visa Do You Need for Hajj?

ONLY THE HAJJ VISA GRANTS LEGAL ACCESS TO PERFORM HAJJ

The **Hajj visa** is the only official visa that allows international pilgrims to legally perform Hajj.

You can obtain it easily by booking and purchasing an approved Hajj package through the **Nusuk Hajj platform**.



!

To be eligible, you must be a legal resident of the United Kingdom.

The visa can be issued directly through the **Nusuk Hajj platform** — no need for a travel agent or any intermediary.

<http://hajj.nusuk.sa>



Who is not eligible to perform Hajj from the UK

You cannot perform Hajj if you only hold one of the following visa types:

Visitor Visa

Short Stay Visa

Transit Visa

Illegal or Expired

Residency Status



Why Use Nusuk?

Through the **Nusuk Hajj platform**, UK residents can:

Create a
personal
profile

Add
companions

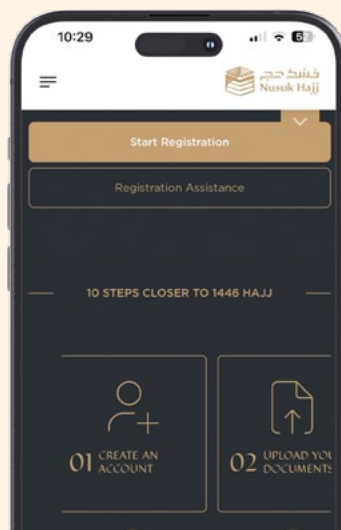
Pay
online

Choose a
suitable Hajj
package

Receive the Hajj
visa electronically



**No other visa type permits
you to perform Hajj.**



Can Travel Agents Issue Hajj Visas?

Protect Yourself from Fraud

No one can issue a Hajj visa on your behalf.

You can apply directly through the official Nusuk Hajj platform.

Make sure you're using the official website:
<http://hajj.nusuk.sa>

Don't assign anyone else to complete your booking — the process takes just a few minutes

Keep your information safe.

Keep your personal information secure. Avoid sharing your booking details with anyone. Complete your registration yourself — it's your journey, your responsibility.

**Check your documents now —
and stay safe.**



Hajj Visa Checklist via Nusuk Hajj Platform

Create an Account

Register on the Nusuk Hajj platform using a valid email and password.

- Upload Required Documents
Prepare and upload:
 - Passport copy
 - Passport-sized photo (white background)
 - Proof of legal residency (if applicable)
- Complete the Application Form
Enter your personal and travel details accurately.
- Choose a Hajj Package Category
Select from: Economic – Standard – Premium.
- Top Up Your eWallet
Add funds to your Nusuk digital wallet to enable package booking.



- › **Browse Approved Service Providers**
Compare licensed operators and the services they offer
- › **Select a Hajj Package**
Choose the package that best suits your needs and preferences.
- › **Book the Package**
Confirm your selection and pay securely through the Nusuk platform.
- › **Review Your Itinerary**
Check all details, including travel dates, accommodation, and transport arrangements.
- › **Receive Your Visa**
Once confirmed, your Hajj visa will be processed and emailed to you.

Start here



Essential Digital Tools for Your Journey

Nusuk App

Your all-in-one digital companion for Hajj and Umrah.

With the Nusuk app, you can:

Issue your **digital
Nusuk Card**

Book your visit to Al-
Rawdah Al-Sharifah

Organize your **travel
schedule**

Schedule your Umrah
if desired



Register now

And book your moment of peace — To offer your salaam to the Prophet ﷺ.

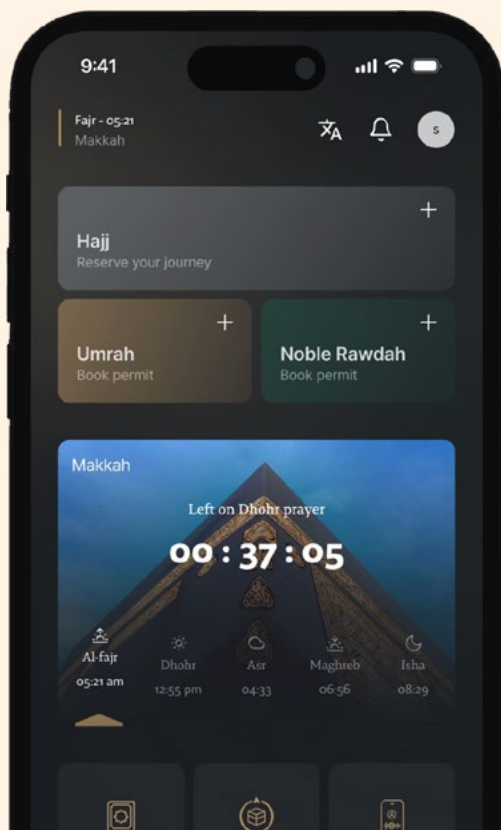
Apple



Android



Nusuk — Your trusted Hajj companion



Essential Digital Tools for Your Journey

Your Nusuk Card: ID, Access, & More



- Required for entering key Hajj locations
- Required for riding the bus
- Serves as your official ID during your stay
- Provides emergency contact details for your service provider
- Includes wayfinding information to help you return to your residence

Keep it with you at all times — it's your gateway to services, support, and a smoother Hajj experience.

How to Get Your Nusuk Card



- **Printed version:** Provided by your Hajj service provider
- **Digital version:** Available in the Nusuk app



Please Note:

Always carry your Nusuk Card with you during your stay in Saudi Arabia.

It serves as your official identification and is required at all times — without exception.

Essential Digital Tools for Your Journey

The Awareness Platform

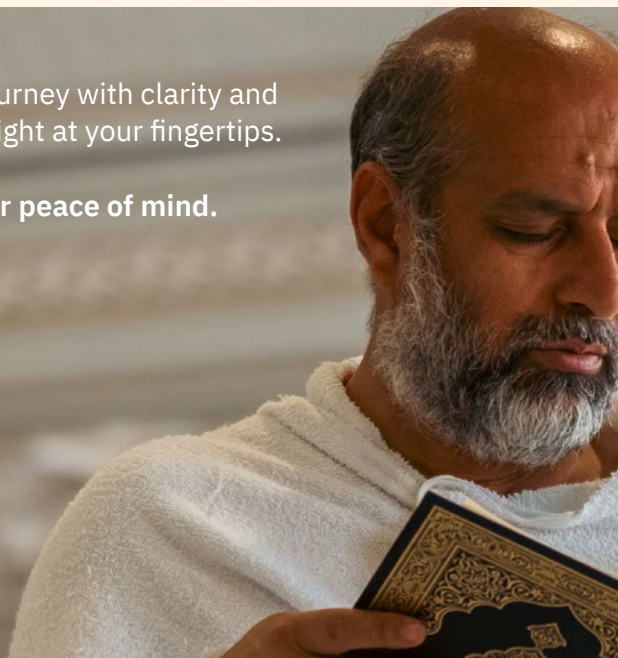
Prepare with knowledge. Walk
with confidence.

“A Hajj Mabruur earns no reward but Paradise.”

— Prophet Muhammad ﷺ

That’s why we’ve created a reliable, interactive
learning platform — available in English.

step-by-step through the Hajj journey with clarity and
ease. — everything you need is right at your fingertips.
Accessible anytime, anywhere.
Reliable. Practical. Designed for peace of mind.



Why Use the Awareness Platform?

Because it's your trusted companion for a meaningful pilgrimage.

It offers:

4 structured learning tracks

12 guided knowledge journeys

Over **580** minutes of expert-led content

Available in **8** languages

Visit the official awareness portal in English and start preparing today.

SCAN ME



Essential Digital Tools for Your Journey

Awareness Guides

The Pilgrims Awareness Center has published a series of trusted guides designed to support you throughout your Hajj journey. These guides cover essential areas, including:

- Religious guidance
- Services and logistics
- Health and safety
- Legal and financial matters

Each guide delivers clear, reliable, and verified information — helping you stay informed and confident every step of the way.



How to Access the Guides

Simply visit the “**Awareness Guides**” section on the official website of the Ministry of Hajj and Umrah.

- Available in multiple formats — to read or listen
- Offered in several languages
- Can be downloaded to your phone for offline access



You can also download them to your phone for offline access, so you're always prepared, anytime, anywhere.

Accessible anytime, anywhere. Your journey, supported.

Weather in the Holy Sites – Hajj Season 1446 AH

Expect extremely high temperatures during Hajj, might approach 45°C during the day.

Stay Safe in the Heat



Avoid direct sun exposure, especially during peak hours.



Use sunscreen that suits your skin type.



Drink water and fluids regularly — even if you're not thirsty.



Always carry a sun umbrella.

Be cautious when moving between cool indoor areas and the outdoor heat to avoid sudden temperature shocks.

This guide also includes helpful tips to support your adjustment to the climate difference between Saudi Arabia and the UK — ensuring you stay safe throughout your journey.

We wish you a safe trip and a Hajj that is accepted and rewarded.



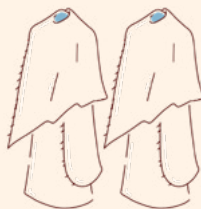
Your safety comes first. Plan ahead, stay hydrated, and protect yourself from the heat.

Pack Light — Most Essentials Are Readily Available in Saudi Arabia

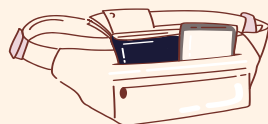
Bring only what's personal and truly necessary.
Focus on the essentials — the rest can be found locally.



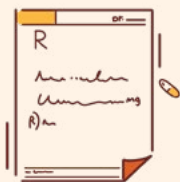
Lightweight, breathable cotton clothing — enough for the entire trip



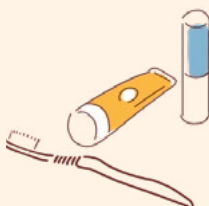
More than one Ihram — it's perfectly acceptable to change during Hajj



A small pouch or bag to keep personal documents secure



A medical report from your doctor, along with any necessary prescriptions



Sunscreen suitable for your skin type



Comfortable walking shoes or sandals





Customs Declarations & Local Laws in Saudi Arabia

Saudi Arabia welcomes pilgrims with warm hospitality and well-organised systems — all while upholding strict safety and legal regulations.

Violating these laws may lead to serious consequences and could prevent you from completing your Hajj.

Make sure you're fully aware of what's allowed and what's prohibited before you travel.



Please Note:

- Only bring valuable items
- › if absolutely necessary.

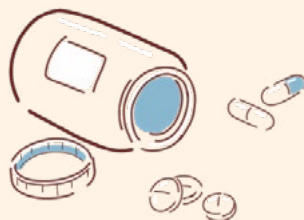
- If you're carrying items worth more than SAR 60,000 (approx. £12,600), you must declare them at Saudi customs.

Failure to do so may lead to legal consequences.

Medication & Customs Restrictions

Only bring medications you genuinely need.

Always carry an official prescription and report that clearly states your medical condition.



!

Important:

Saudi Arabia strictly prohibits the possession or transport of banned substances, especially narcotics.

Violations may result in severe penalties, including imprisonment.

Saudi Arabia strictly prohibits the possession or transport of banned substances, especially narcotics.

For a full list of restricted items:

Please refer to the official guidelines from the Zakat, Tax and Customs Authority

SCAN ME



Hajj Preparation Checklist

- ☐ I have downloaded the Nusuk App.
- ☐ I have obtained Hajj visa through Nusuk Hajj platform.
- ☐ I have booked a visit to Al-Rawdah Al-Sharifah via the app.
- ☐ I have activated my digital Nusuk Card.
- ☐ I have packed my medical report and any prescribed medications.

Hajj Packing Checklist

- ☐ Small pouch or bag for personal documents
- ☐ Medical report and necessary prescriptions
- ☐ Lightweight, breathable cotton clothing
- ☐ At least two sets of Ihram
- ☐ Comfortable walking shoes or sandals
- ☐ Sunscreen suitable for your skin type

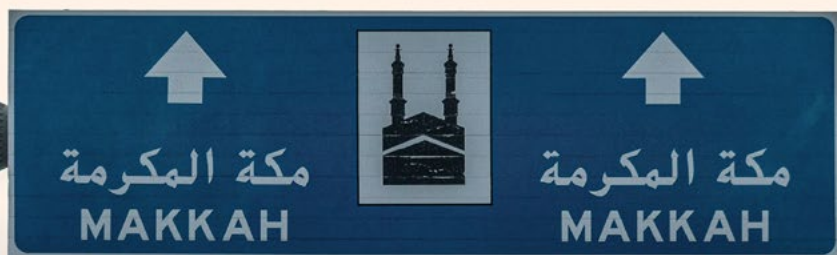
Take notes

Arrival in Saudi Arabia

Are you longing for Makkah and the honour of visiting the Prophet Muhammad ﷺ?

As you set foot in Saudi Arabia, you are one step closer to the sacred House of Allah and the blessed mosque of His noble Messenger ﷺ.

You are welcomed with warmth and care, through well-organised procedures designed to support you and every guest of the Most Merciful.



“Whoever performs Hajj and refrains from indecent and sinful behavior will return as pure as the day he was born.”

— Prophet Muhammad ﷺ

Entry & Welcome Procedures

At the Border: What to Expect

Keep your passport readily accessible — ideally in an outer pocket of your carry-on — to help speed up immigration and customs checks.



Expect a calm, orderly environment, but allow time for official procedures and follow instructions patiently.

Assistance is available — trained staff at entry points can support you, especially with mobility or health needs, free of charge.



Tip:

If your passport is lost or misplaced, remain calm. Report it immediately to the nearest passport control officer or official help desk at the airport.

Baggage Claim

Keep your boarding pass and baggage receipt handy — you may be asked to present them.

Check the correct baggage carousel using your flight number — avoid searching at random.

If your baggage is missing or delayed, go directly to the Lost Baggage Office. Trained staff will assist you with filing a report and tracking your belongings.



Support Services

If you're part of the "Hajj Without Luggage" initiative, your bags will be delivered directly to your accommodation — there's no need to collect them at the airport.

Be sure to confirm participation with your service provider in advance.

Less hassle, more ease — so you can focus on your spiritual journey.



Nusuk — Your First Guide Upon Arrival

After clearing passport control, look for Nusuk guides in the arrival areas — they're easy to spot and always ready to help.

They'll assist in directing you, answering questions, and ensuring you reach your destination safely and smoothly.

Before Leaving the Airport

Double-check your belongings — make sure you have your passport, phone, luggage, and any personal items.

Confirm your transport arrangements — whether you're joining a group, using pre-booked transport, or meeting your Hajj delegation.



If you need help, look for Nusuk guides or airport staff — they're there to assist.

Follow signage or staff directions to reach the correct exit or meeting point.

Leaving the airport prepared ensures a smooth and stress-free start to your spiritual journey.

For full details, see the “Transportation” chapter in this guide.

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Important Numbers

For a safe and reassuring journey, the Hajj service system offers several **free emergency and support lines**.

1966 Guest Care Center
(Hajj inquiries and support)

911 General emergency and
security services

999
Police

997
Ambulance

996
Highway Security

998
Civil Defense

937
Medical and health inquiries

**KEEP THESE
NUMBERS
WITH YOU AT
ALL TIMES:**

Support for UK Pilgrims

The British Foreign
Office has a dedicated
team in Saudi Arabia
to assist UK pilgrims
throughout Hajj.

+966 11 481 9100

+966 (0) 12 622 5550



Keep these numbers handy in case you need consular support
or assistance during your stay.



Chapter Three

Transportation During Hajj

Efficient and safe movement is essential during the Hajj journey. Whether you're traveling between cities, within the holy sites, or simply reaching your accommodation, the transportation system is designed to serve you — with coordination, safety, and care.





Shuttle Bus Services Within Cities

The shuttle bus system operates in key areas within Makkah, Madinah, and the holy sites, offering pilgrims:

- Scheduled, continuous movement between accommodations and religious landmarks
- Dedicated lanes to reduce delays during peak hours
- Air-conditioned buses with clear signage and announcements
- Access to app-based maps and timing notifications (refer to the apps recommended in this guide)



Haramain Metro (Mashair Train)

Check your Hajj package to see if it includes access to the Mashair Train, which connects the key holy sites:

Access to train, which connects the key sites in Mashair.

The train operates on a structured schedule — check your package.

Getting Around in the Cities

Within cities like Makkah and Madinah, you can use taxis or Authorized Apps.

However, these services do not operate inside Mina, Muzdalifah and Arafat during the days of Hajj.

Avoid unauthorized vehicles.

Official taxis have clearly marked public service license plates — always check before boarding.



Walking Etiquette in the Holy Sites



Always give way to emergency and service vehicles.



Do not sit in tunnels or on sidewalks.



Walk only in designated pedestrian paths.



Avoid walking in areas used by vehicles or heavy traffic.



Dispose of waste properly — always use designated bins.

Respecting these guidelines helps keep the journey safe and smooth for everyone.

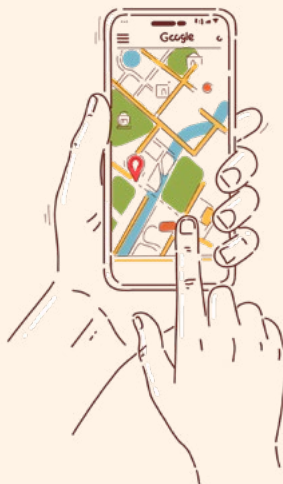
Your Phone — Your Smart Travel Companion



Use navigation apps like Google Maps to move around with ease.



Save your accommodation's location in the app, or keep a written note or message with the address.

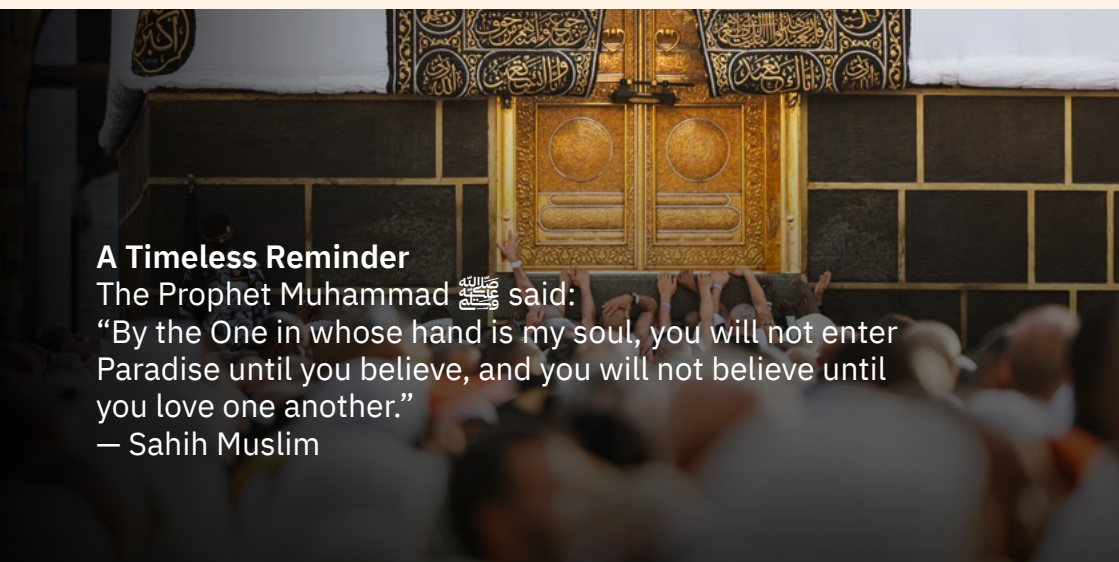


“Travel reveals the character of a person — your true nature shines through on the road.”

A Timeless Reminder

The Prophet Muhammad ﷺ said:
“By the One in whose hand is my soul, you will not enter Paradise until you believe, and you will not believe until you love one another.”

— Sahih Muslim



Chapter Four

Where Will You Stay During Your Journey?

Review Your Package Details on the Nusuk Hajj Platform. Explore your assigned accommodation options and all included services for your journey — clearly and easily, all in one place.



Important Tips:

Keep your accommodation details easily accessible and clearly recorded.

Double-check the name and location of your assigned hotel or camp in both Makkah and Madinah.

Store both printed and digital copies of this information in your phone and personal luggage.

If you experience any issues with your accommodation, **call 1966** for assistance and support.

Cleanliness and Order — The Mark of a True Pilgrim

Respect the privacy and comfort of others in shared rooms.

Avoid wasting water or tissues — use only what you need.

Always dispose of trash and food waste in the designated bins.

Use restrooms and public facilities with care and cleanliness.

Keep your room well-ventilated, and use hangers to reduce unpleasant odours.

Maintaining cleanliness is part of the spiritual journey — and a reflection of your respect for the honour of being a Guest of Allah.



Quietness & Consideration — A True Pilgrim's Trait

Use earphones when using your phone or computer.

Avoid speaking loudly or making noise while others are resting.

Dim the lights if someone nearby is asleep.

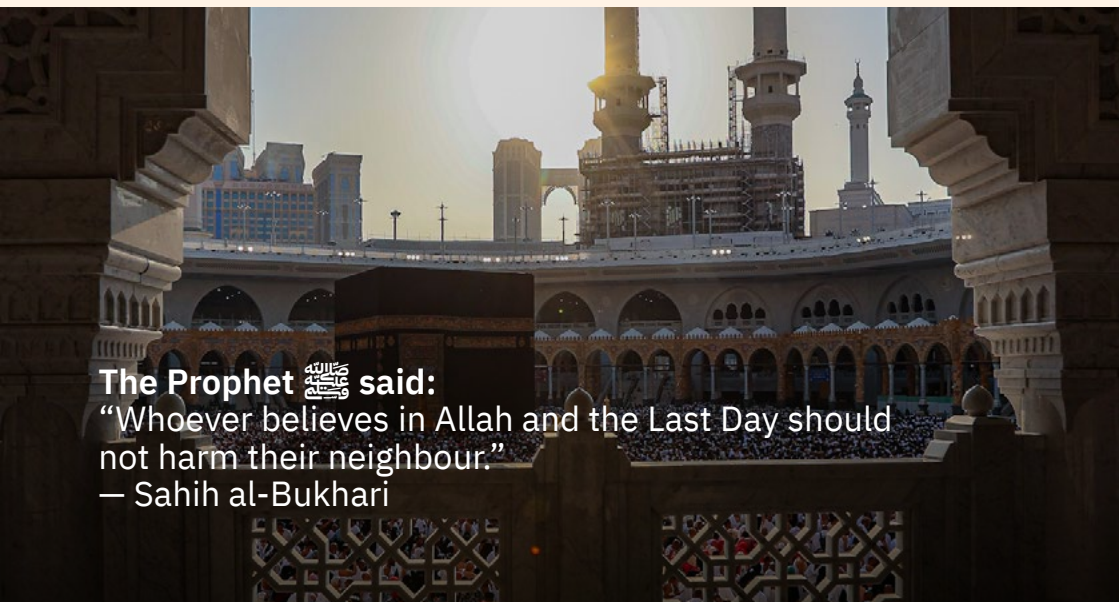
Don't use your phone's loudspeaker inside tents or shared spaces.

Never use others' belongings without permission, and always respect shared areas.

The Prophet ﷺ said:

“Whoever believes in Allah and the Last Day should not harm their neighbour.”

— Sahih al-Bukhari



Services Available at Pilgrim Accommodations

32 million meals were served in the holy sites during last Hajj season

That's an average of **18 meals** per pilgrim from the 8th to the 13th of Dhul-Hijjah.

Meals are prepared to suit a wide range of cultures and nationalities.

Special meals are available for those with food allergies or dietary needs.

All meals meet health and nutritional standards, with strict food safety protocols in place.

Meals are served on a regular schedule to ensure your comfort and ease.



Water and hydrating beverages are distributed regularly — especially important in hot weather to prevent dehydration.

Healthcare Services

Most pilgrim accommodations are equipped with small medical centres providing basic first aid.



Qualified medical teams are available 24/7 to handle urgent health needs.



In case of emergency, **call 997** for ambulance services.

Your wellbeing is a priority — don't hesitate to seek help if you feel unwell.

Religious Guidance

Pilgrim accommodations offer educational materials and printed guides in multiple languages.

Trained scholars and religious guides are available to answer your questions in various languages.



For fatwas and religious advice in English and other languages, **call 800 245 1000**.

Support is always available to help you perform your rituals with knowledge and confidence.

Plan Your Visit. Explore Faith and History

Sacred Encounters

Hajj is not only a journey of worship —

it is a return to the heart of Islamic history. In these sacred lands, the Prophet Muhammad ﷺ walked, taught, and changed the world. This is where Islam began — and from here, its light spread across continents, including your own.

During your stay, take the opportunity to visit key Islamic exhibitions and historical sites in Makkah and Madinah. These spaces offer deeper insight into the life of the Prophet, the message of Islam, and the heritage that connects us all.

“Hajj for me was a dream come true – to walk on the sacred ground where prophets walked and spoke. It was a magical journey.”

— Naureen Khan, British pilgrim

**AL Madinah AL
Munawwarah**



Mount Uhud

One of Madinah's most iconic landmarks. It witnessed the Battle of Uhud and is home to the graves of its martyrs, including Hamzah ibn Abdulmuttalib (ra).

Quba Promenade (Jadidat Quba)

A scenic walkway stretching from the Prophet's Mosque to Quba, known for its peaceful ambiance and spiritual atmosphere. A favorite spot for reflection and walking.

Al-Khandaq Mosque

Located near the site of the Battle of the Trench. It includes several historic mosques where the Prophet's companions prayed. The most notable is Masjid Al-Fath, known for the Prophet's ﷺ supplication during the siege.

The 99 Names of Allah Exhibition

An interactive exhibition next to the Prophet's Mosque, presenting the Names of Allah (Asma'ul Husna) through scientific, visual, and auditory displays to inspire reflection and understanding.

Al-Safiyyah Garden Museum

A heritage museum set in a traditional orchard, offering a glimpse into the rural and domestic life of early Madinah.



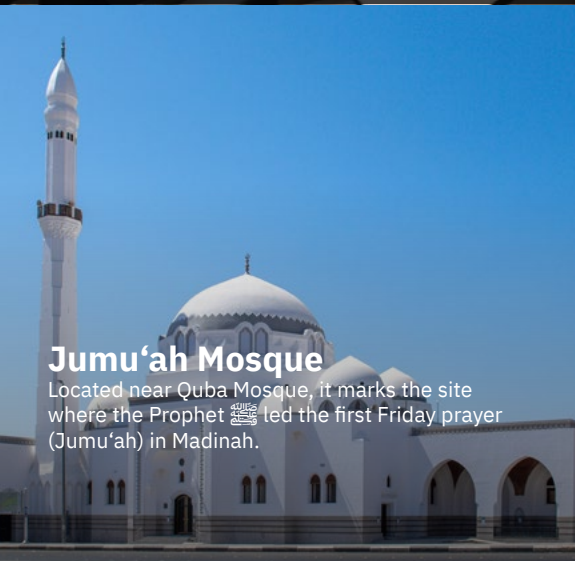
The Qur'an Exhibition

A display of rare manuscripts and printed editions of the Holy Qur'an, tracing its history, preservation, and global reach through translations and calligraphy.



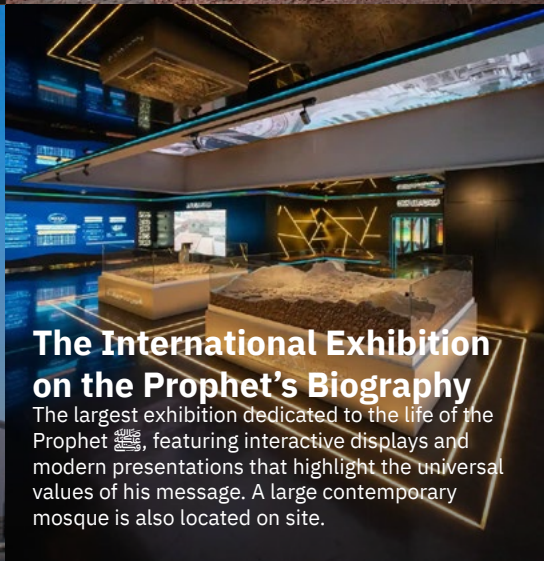
Quba Mosque

The first mosque ever built in Islam, established by the Prophet Muhammad ﷺ with his own hands upon his arrival in Madinah. Visiting Quba and performing two rak'ahs of prayer there is highly



Jumu'ah Mosque

Located near Quba Mosque, it marks the site where the Prophet ﷺ led the first Friday prayer (Jumu'ah) in Madinah.



The International Exhibition on the Prophet's Biography

The largest exhibition dedicated to the life of the Prophet ﷺ, featuring interactive displays and modern presentations that highlight the universal values of his message. A large contemporary mosque is also located on site.



Madinah Museum (Hejaz Railway Station)

Housed in the historic Hejaz Railway Station, this museum showcases artifacts and documents tracing the railway's role in connecting the Hijaz to the wider Ottoman Empire.



Dar Al-Madinah Museum

A private museum founded by Eng. Abdulaziz Al-Turki, featuring models, maps, and images that trace Madinah's urban and social history from the Prophet's time to the present.



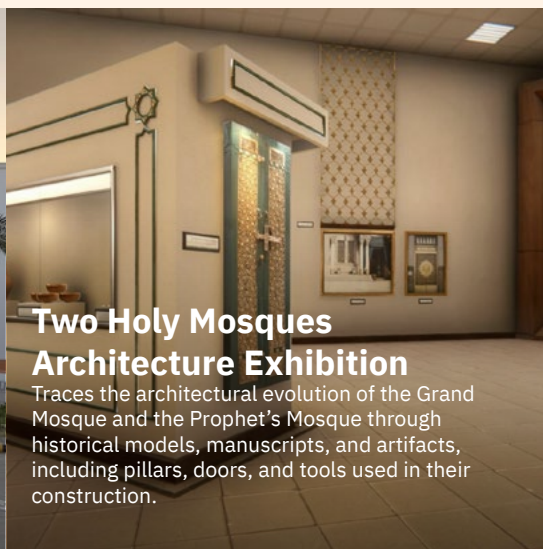
Plan your visit and choose the places you want to visit:

Exhibitions and Museums in Makkah



Makkah Antiquities Museum

Presents the history of Makkah from prehistoric times to the present, highlighting its cultural and archaeological heritage.



Two Holy Mosques Architecture Exhibition

Traces the architectural evolution of the Grand Mosque and the Prophet's Mosque through historical models, manuscripts, and artifacts, including pillars, doors, and tools used in their construction.



Bay'ah Mosque (Pledge of Allegiance Site)

Situated near Mina, this mosque marks the site of the first and second pledges of al-'Aqabah, where the Ansar pledged their support to the Prophet ﷺ.



Clock Tower Museum (Makkah Museum of Cosmos and Time)

Located in the Clock Tower, this museum explores the history of astronomy, timekeeping, and Islamic calendrical systems.

Kiswah Exhibition

Showcases the making of the Kaaba's covering — from initial design and weaving to intricate hand-embroidery with gold thread.



Bayt Al-Turath Al-Makki (Makkah Heritage House Museum)

Displays traditional furniture, kitchens, and daily utensils that reflect the unique cultural and social life of old Makkah.

More Places to Visit in Makkah



Plan your visit and choose the places you want to visit:

Chapter Five

Performing the Manaṣik (Rituals of Hajj)





Watch & Learn



Ihram

When to Enter the State of Ihram?

You must enter the state of Ihram **before reaching Makkah** — at one of the designated Miqāt points or their parallel positions if arriving by air.

Determining Your Miqāt:

Your Miqāt depends on your route of travel:

Arriving via Madinah:

- › You will assume Ihram from Dhul-Hulayfah (Abyār Alī) — the Miqāt for the people of Madinah.

Flying directly to Jeddah and then to Makkah:

- › You should enter Ihram in-flight before passing the Miqāt, or upon arrival at the airport, depending on your school of thought.

Please follow the guidance of your own madhhab (school of jurisprudence) regarding the precise timing and location for Ihram.

How to Enter into Ihram

1 Perform Ghusl (ritual purification) if possible, as it is Sunnah.

2 **Wear the garments of Ihram:**

- Men: Two white, unstitched cloths — one for the lower body (izaṛ) and one for the upper body (ridaʿ).
- Women: Any modest, loose-fitting clothing that meets the requirements of Islamic dress. The face and hands should remain uncovered during Ihram.



3 **Make the intention (niyyah) for one of the three types of Hajj:**

- Ifrād: Intention for Hajj only.
 - Tamattu': Intention for 'Umrah first, followed by Hajj after a short break and renewal of Ihram.
- Qiraān: Intention to perform Hajj and 'Umrah together without coming out of Ihram in between.

Make the intention in your heart and utter it softly with your tongue.

Talbiyah

After making your intention, begin reciting the Talbiyah, the sacred call of Ihram:

“Labbayka Allahumma labbayk,
Labbayka la sharika laka labbayk.
Inna al-hamda wa’n-ni‘mata laka wa’l-mulk,
La sharika lak.”

(Here I am, O Allah, here I am. Here I am, You have no partner, here I am. Truly, all praise, blessings, and sovereignty are Yours. You have no partner.)



Prohibitions During Ihram

Once you are in the state of Ihram, certain actions become forbidden until you exit that state. These include:



Cutting hair or nails



Engaging in marital relations or foreplay



Proposing or contracting marriage



Wearing stitched clothing (for men)



Hunting or harming animals



Violating these prohibitions may require compensation (fidya). Always ask your scholar or group leader if you're unsure.

Important Points to Remember When Entering Ihram

Verbally stating the intention (Talafudh): It is recommended (mustahabb) to utter your intention aloud, such as saying: “Labbayka hajjan” (Here I am for Hajj) or “Labbayka ‘umratan” (Here I am for ‘Umrah)

Conditional intention (Ishtraṭ):

If you fear that something may prevent you from completing your pilgrimage (e.g. illness or travel issues), it is Sunnah to say: “Fa-in habasanī ḥābis, fa-mahallī haythu habastanī” (If I am prevented, then my exit from Ihram will be where I am held back.)

Do not use perfume after entering Ihram:

Perfumes and scented products become forbidden once the intention for Ihram is made. It is permissible — and recommended — to apply scent before entering the state of Ihram.



Tawaf (Tawaf al-Qudum – Arrival tawaf)

After entering the state of Ihram and reaching Makkah, you begin your pilgrimage rituals with tawaf — the act of walking around the Ka'bah.

Steps of tawaf:

Circle the Ka'bah seven times, starting and ending at the Black Stone (al-hajar al-Aswad), keeping the Ka'bah to your left.

Idtiba' (for men only):

Uncover the right shoulder by placing the upper cloth of the Ihram under the right arm and over the left shoulder during the tawaf.

Ramal (for men only):

Walk briskly during the first three circuits with slight movement of the shoulders — in the Sunnah of the Prophet ﷺ.

Supplication and remembrance:

Recite du'a' or adhkar quietly during tawaf. You may kiss, touch, or point toward the Black Stone each time you pass it, if it is safe to do so.

Avoid distractions — such as taking selfies or filming — and maintain humility and focus.

After completing the seven circuits, pray two rak'ahs behind Maqām Ibrāhīm, if possible. Otherwise, pray elsewhere in the mosque.

Watch & Learn



Important Reminders During tawaf

Correct starting point:

Begin tawaf in line with the Black Stone, keeping the Ka'bah to your left.

Touching the corners:

Only the Black Stone (al-Hajar al-Aswad) may be touched — and only if it is accessible to you without pushing or causing harm to others

Avoid tijr Isma'īl:

tawaf must be around the Ka'bah. Entering the semi-circular area (hijr) invalidates that circuit.

Kissing the Yemeni Corner:

It is Sunnah to touch it if possible — no need to gesture or push if not.

Black Stone etiquette:

If crowded, point with your right hand and say Allahu Akbar. Avoid pushing.

Avoid loud du'a':

Maintain focus and humility. Do not disturb others by raising your voice.

Complete all rounds:

tawaf is invalid if less than seven circuits are completed.

Sa'y Between safā and Marwah



When?

Immediately after tawaf.

How?

- Start at safā and end at Marwah, completing seven rounds.
- Recite takbīr and supplications along the way, especially upon reaching safā and Marwah.
- Men should walk briskly between the green markers (Sunnah).
- Elderly pilgrims and those with difficulty may perform Sa'y using wheelchairs provided by the haram authorities.

Watch & Learn



Common Mistakes During Sa'y (Between safā and Marwah)

- **Incomplete Number of Rounds:**

Remember: each leg counts as one round — from safā to Marwah is one, and from Marwah back to safā is another. Make sure to complete seven full rounds.

- **Women walking briskly:**

Brisk walking (raml) is Sunnah for men only, and only between the two green markers.

- **Running throughout the Sa'y:**

The Sunnah is to walk normally except between the green markers, where men walk briskly. There is no need to run the entire distance.

Tip:

Keep track of your rounds mentally or using digital counters to avoid confusion.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ



Day of Tarwiyah (8th of Dhul-hijjah)

When?

On the morning of the 8th of Dhul-hijjah.

What to Do:

- Enter into Ihram for Hajj (for those performing Tamattu').
- Those performing Ifrād or Qirān remain in their original state of Ihram.
- Proceed to Minā and spend the day there. Pray zuhr, 'Asr, Maghrib, 'Isha', and Fajr — all shortened (qasr) but not combined.

This day is for preparation, reflection, and rest before the great standing at 'Arafah.

Watch & Learn



Day of ‘Arafah – The Greatest Pillar (9th of Dhul-hijjah)

When?

From Fajr (dawn) until sunset on the 9th of Dhul-hijjah.

What to Do:

- After sunrise, proceed calmly to the plain of ‘Arafah.
Remain there until sunset, engaging in du‘ā’, dhikr, and takbīr throughout the day.
- Stand wherever is convenient — all of ‘Arafah is valid; avoid crowding near Jabal al-Rahmah.
- Pray zuhr and ‘Asr together (combined and shortened) at the time of zuhr.
- After sunset, depart peacefully toward Muzdalifah without rushing.

This is a day of preparation, reflection, and heartfelt supplication — the core of the Hajj experience.

Arafah: Key Reminders

Stay within Arafah boundaries:
Ensure you are inside the marked area of Arafah. Signs and staff will help guide you.

Do not leave before sunset:
Remain in Arafah until the sun sets, as practiced by the Prophet ﷺ.

Focus on worship, not photos:
This is the most sacred day — dedicate it to du‘a’ and dhikr, not photography or social media.

Fasting on Arafah (for pilgrims):
It is recommended not to fast on this day for pilgrims, to conserve energy for worship.



Do not stop reciting the Talbiyah unnecessarily or get distracted by idle conversation.

Do not overexert yourself by climbing Mount al-Rahmah: All of 'Arafah is a valid place for standing. Climbing the hill is not required nor specifically virtuous.

Avoid sun exposure and stay in shaded areas:
Especially during midday, remain in your tent or under shade to protect yourself from heatstroke.

Watch for signs of heat exhaustion:
Drink plenty of water, rest when needed, and seek assistance if feeling faint or dizzy.



Staying at Muzdalifah & Collecting Pebbles



When?

On the night of the 10th of Dhul-Hijjah, after leaving ‘Arafah.

What to Do:

- Pray Maghrib and ‘Isha’ together in Muzdalifah (combined and shortened).
- Spend the night there until Fajr for those who are able.
The weak, elderly, and women may leave after midnight, following valid scholarly opinion.
- Collect seven small pebbles to use for Ramy al-Jamarah al-‘Aqabah (the big pillar) the next morning.
Pebbles should be roughly the size of a chickpea — avoid large stones or anything harmful



Note: Please follow the guidance of your madhhab (school of thought) regarding the minimum stay duration in Muzdalifah and the appropriate time to leave.

This night is one of calm, rest, and preparation for the next sacred step in your Hajj.

Important Reminders at Muzdalifah

Do not delay Maghrib and ‘Isha’ beyond their time:

Both prayers must be performed together at Muzdalifah, before the end of ‘Isha’ time.

Pebbles can be collected from any suitable place:

It is not obligatory to gather them specifically from Muzdalifah.

Follow your group’s movement plan (Tafweej):

Stay with your group and follow official instructions to ensure safety and order.



Day of Sacrifice (10th of Dhul-hijjah)

When?

On the morning of Eid al-Adha, the 10th of Dhul-hijjah.

What to Do:

- **Ramy Jamrat al-‘Aqabah (Major Pillar):**
Throw 7 pebbles, saying “Allāhu Akbar” with each throw.
- **Sacrifice (hady):**
Required only for those performing Tamattu’ or Qirān.
- **Shaving or Trimming Hair:**
Men: Preferably shave the head (halq) or shorten the hair.
Women: Trim a fingertip-length from the ends.
- **First Release (al-Tahallul al-Awwal):**
After completing two of the above, you may exit Ihram (except for marital intimacy).
- **tawaḥ al-Ifadah and Sa’y:**
Travel to Makkah to perform this essential ritual, which completes your Hajj.
Men should walk briskly between the green markers during Sa’y.

Refer back to the Sa’y section for detailed guidance.

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Day of Eid (Yawm al-Nahr – 10th of Dhul-hijjah)

When?

On the morning of the 10th of Dhul-hijjah, the day of Eid al-Adha.

Rituals of the Day:

1. Stoning Jamrat al-‘Aqabah (The Big Pillar):

Throw seven pebbles, one at a time, saying Allāhu Akbar with each throw.

2. Sacrifice (hady):

Obligatory for Tamattu‘ and Qiraān pilgrims only. Arranged through official systems or your Hajj group.

3. Shaving or Trimming Hair:

Men: Preferably shave the head (halq) or shorten it.
Women: Trim a small portion of hair (finger-tip length).

4. First Stage of Release (Tahallul al-Awwal):

After completing two of the above acts, you may exit Ihram (except for marital relations).

5. Tawāf al-Ifādah and Sa‘y:

Travel to Makkah to perform this essential tawāf (cannot be skipped), followed by Sa‘y (for those doing Tamattu‘ or Qiraān).

Note: Men continue to walk briskly between the green markers during Sa‘y, as per Sunnah.



Returning to Your Camp

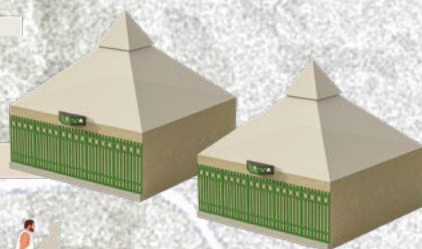
1 Finished stoning the Jamarat?

2 Follow exit signs with zone numbers

4 Once in your zone, follow signs showing camp numbers and directions



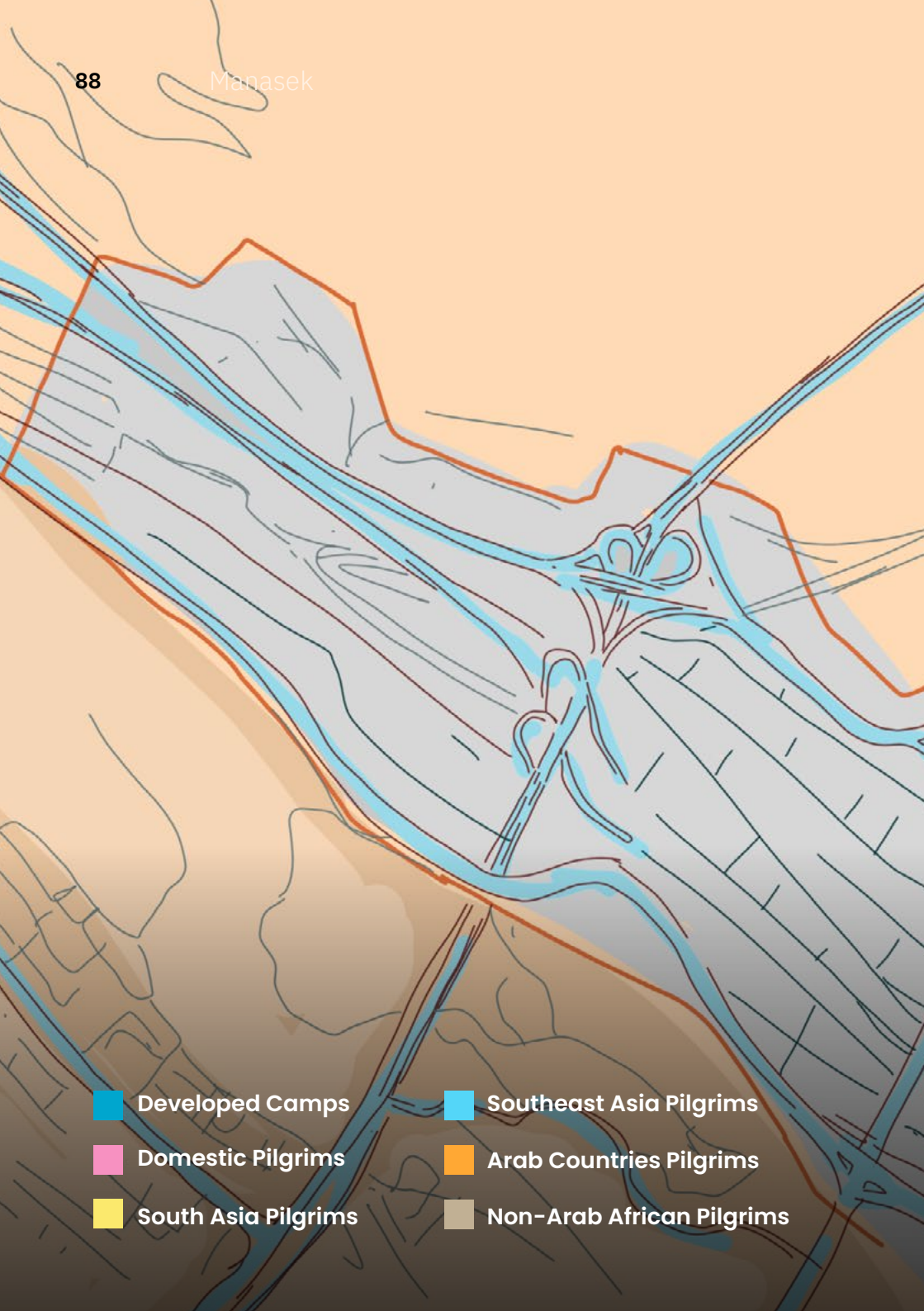
3 After leaving the Jamarat, follow signs to your residential zone

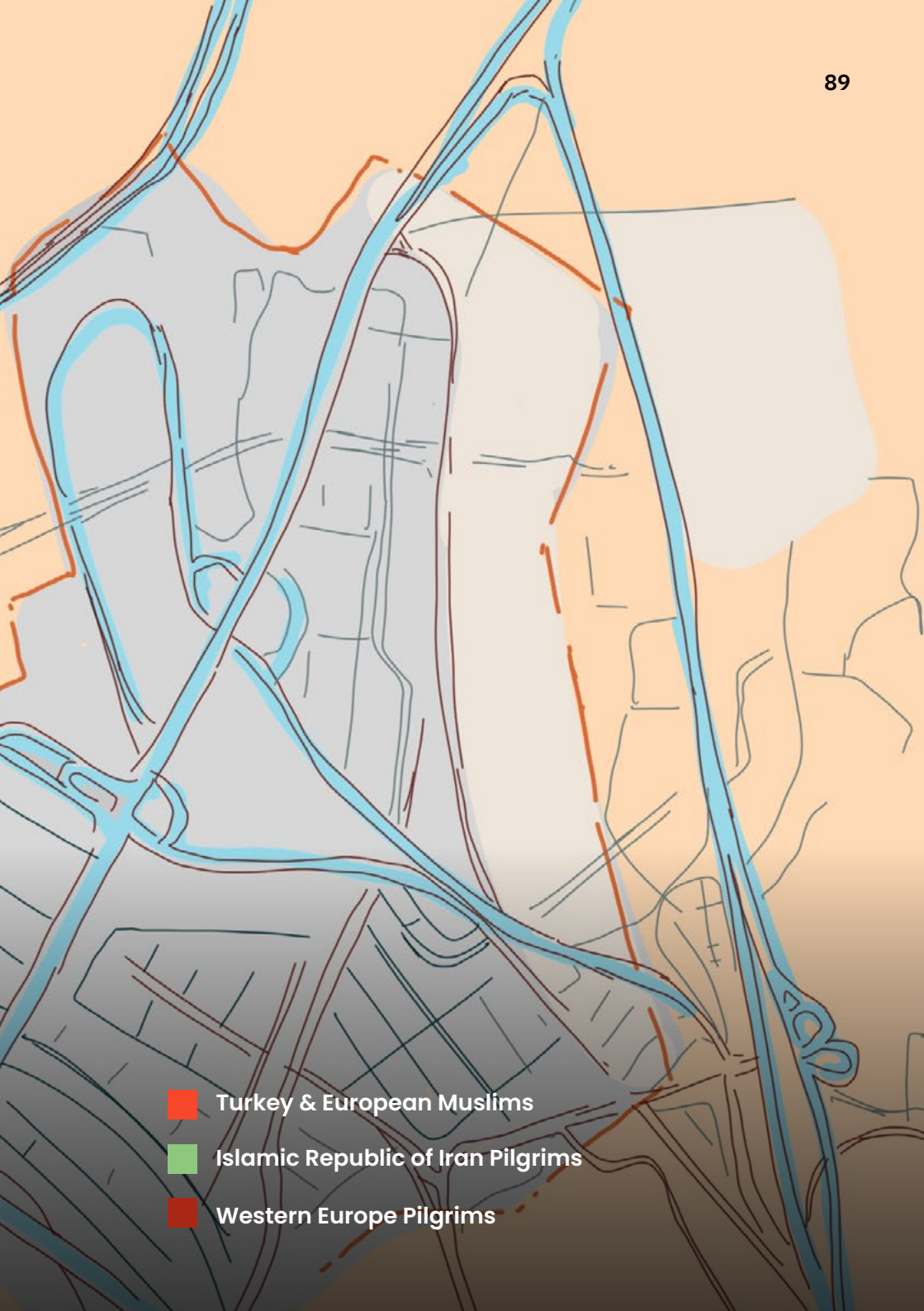


6 You've arrived!

5 Inside the camp area, follow triangular signs







Days of Tashriq (11th–13th of Dhul-hijjah)

What to Do:

- **Ramy al-Jamarāt (Stoning the Three Pillars):**
Each day after midday (zawaḥ), stone the following in order:
 - Jamrat al-sughra (Small Pillar) – 7 pebbles
 - Jamrat al-Wusta (Middle Pillar) – 7 pebbles
 - Jamrat al-Kubra (Jamrat al-‘Aqabah) – 7 pebbles
 Say “Allāhu Akbar” with each throw. The order is obligatory.
- **Spending the nights in Mina:**
 - Stay overnight in Mina on the 11th and 12th nights.
 - Those who choose to leave early (al-muta‘ajil) may depart before sunset on the 12th.
- **For those staying until the 13th:**
Repeat the same stoning ritual on the 13th before leaving Mina.



Important Reminder:

Timings and rulings may vary based on your school of thought (madhhab). Always consult a knowledgeable scholar or group guide for clarity.

Additionally, follow all official Tawfīq (group coordination) instructions, including your scheduled time slots for Ramy. These are in place to ensure your safety, ease of movement, and to avoid overcrowding.



Tawaf al-Wada

What to Do:

Performed just before leaving Makkah, as the final act of Hajj.

How?

- Complete seven circuits around the Ka'bah.
- No Sa'y is required.
- After finishing, offer du'a and exit the haram. This should be your last ritual before departure.

Important Notes:

- Not required for women in a state of menstruation or post-natal bleeding.
- Should be done after all other obligations have been fulfilled and before heading to the airport or traveling out of Makkah.

For Further Fiqh Guidance





Safety Tips During Crowds (Especially in tawaf)

Group Coordination:

If you're part of a group, agree on a meeting point in case you get separated after tawaf.

Avoid linking arms while walking:

Moving in tightly linked groups can disrupt the flow of pilgrims and cause accidents.



Secure your garment:

Ensure your izaar (waist cloth) is tightly wrapped and will not loosen during movement.



Managing Effort & Avoiding Fatigue

If tired, use the electric carts available for pilgrims — they are a valid and convenient option.



Use golf carts or service vehicles when needed. The Prophet ﷺ performed tawāf both on foot and riding, showing flexibility and mercy.

Look up and breathe deeply in crowded areas to access fresher air and reduce discomfort.



Avoid carrying heavy bags over long distances. This can lead to muscle strain or injury.

Choose less crowded levels when performing tawāf or Sa'y.

You can book a golf cart through the official Nusuk app or at designated service points within the Holy Mosque(Gates 1, 4 , 62 , 64)

Cart Reservation



Health Guidelines During Peak Times

Stay Hydrated:

Drink plenty of water regularly, especially in high temperatures, to avoid dehydration and heat exhaustion.



Avoid Direct Sun Exposure:

Use umbrellas or caps and seek shade as much as possible — especially during midday hours — to prevent heatstroke.



Following health guidelines is essential for a safe and smooth Hajj, especially during peak times and extreme heat.

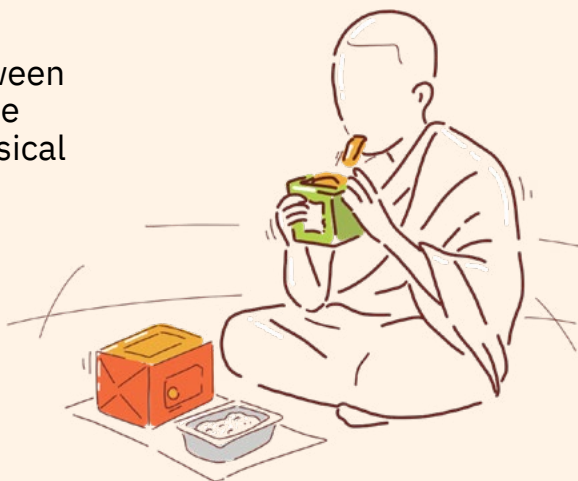
Rest & Nutrition During Hajj

Take Regular Breaks:

Plan short breaks between rituals to reduce fatigue and maintain your physical well-being.

Eat Well, Stay Safe:

Choose balanced, healthy meals, and avoid uncovered or questionable food to prevent foodborne illness.



Good rest and proper nutrition are key to completing your Hajj with strength and ease.

Foot Care During Hajj

Wear Proper Footwear:

Choose comfortable, supportive shoes that protect your feet and ankles during long walks.

Avoid Walking Barefoot:

To prevent cuts, burns, or infections, always wear shoes — especially on hot or rough surfaces.

Healthy feet help you walk your Hajj journey
with ease and safety.



Preventing Infectious Diseases

Maintain Personal Hygiene:

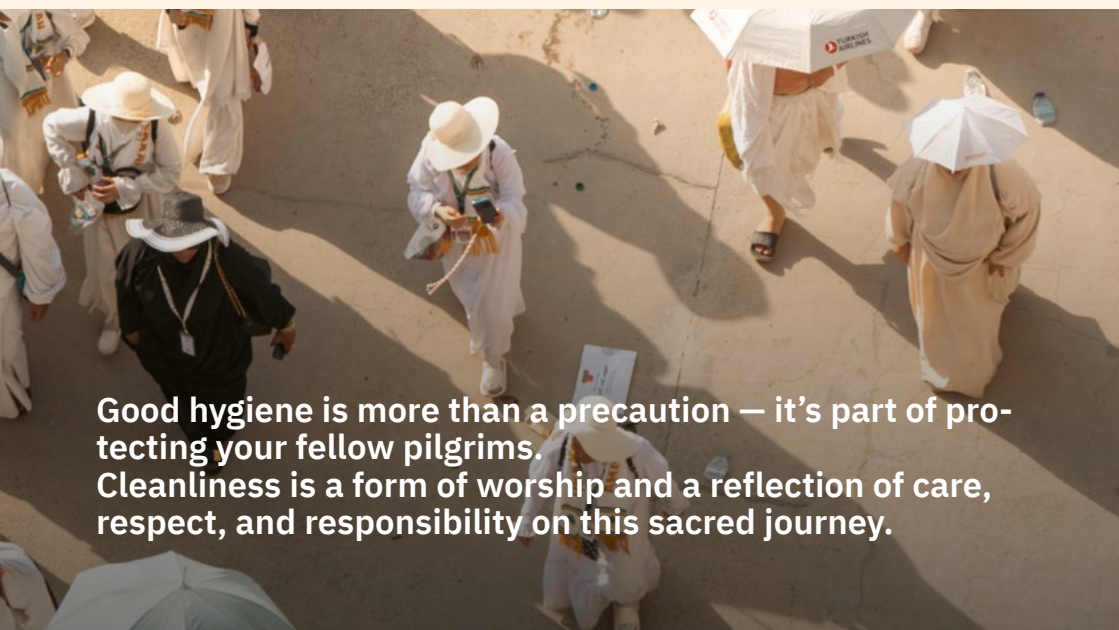
Wash your hands frequently with soap and water — especially before meals and after using the restroom.

Do Not Share Personal Items:

Avoid using others' towels, utensils, or hygiene items to reduce the risk of infection.

Keep a Safe Distance from the Sick:

Avoid close contact with anyone showing signs of illness. Wear a face mask in crowded or enclosed spaces when needed.



Good hygiene is more than a precaution — it's part of protecting your fellow pilgrims. Cleanliness is a form of worship and a reflection of care, respect, and responsibility on this sacred journey.



Visiting the Rawdah Sharifah

Permit Required:

A prior permit is required to pray in the Rawhah Sharīfah (the sacred space near the Prophet's ﷺ grave).

How to Get the Permit:

Pilgrims arriving from outside Saudi Arabia can register and request permits via the official Nusuk app.

Download & Register:

Apple



Android



→ YouTube guide on registration and booking:



Follow the Instructions:

Once you receive your permit, confirm your attendance at least two hours before your scheduled time through the app.

Take Advantage of Instant Access

Use the instant access feature in the Nusuk app when available — it may allow for multiple visits to the Rawdah Sharifah, depending on availability.

“O you who have believed, do not raise your voices above the voice of the Prophet or speak loudly to him as you do to one another, lest your deeds become worthless while you perceive not.”

Chapter Six

Leaving Saudi Arabia





ZAMZAM WATER

CASHIERS

تسعيرة
السعر
A. 0
بدون ضريبة
بدون ضريبة
8.5



Preparing Luggage & Leaving Your Accommodation

Do not pack Zamzam water bottles inside your luggage.

They are not permitted in checked baggage, and airport security will require you to open your bags and remove them. Zamzam is usually provided separately and must be carried according to airline instructions.



Airport Transfer & Zamzam Water

Transportation to the Airport:

Depending on your package, Your hotel or Hajj company may provide airport transfers. You may also use shuttle buses or ride apps listed in this guide.

Zamzam Bottles:

Official Zamzam bottles designated for shipping are not counted toward your luggage weight.

Where to Get Zamzam:

Sealed Zamzam bottles are available at official outlets in Jeddah and Madinah airports.



Upon Your Return

Follow Up on Your Health:

If you received medical treatment or experienced any health issues during Hajj, make sure to consult your doctor upon returning to your country. Your wellbeing remains a priority, even after your pilgrimage ends.

Inspire Others:

Share your positive experience — your journey may become a source of guidance, motivation, and reassurance for others preparing for their own pilgrimage.

Your Hajj may be complete, but its blessings continue to ripple through those around you.

Final Departure Checklist

Are You Ready to Leave with Peace of Mind?

- ☐ Packed your luggage in advance to avoid last-minute stress
- ☐ Checked all drawers, closets, and shelves to ensure nothing is left behind
- ☐ Ensured Zamzam bottles are not packed inside your suitcase
- ☐ Kept your passport and travel documents in an accessible place
- ☐ Rested well the night before your journey
- ☐ Took a moment for reflection and a prayer of gratitude before leaving

A smooth departure is part of a graceful pilgrimage.

Travel light — with peace in your heart.

As I gaze at the Kaaba for the last time, a wave of emotion sweeps over me. I feel a strange sadness to be leaving the Holy City, yet my heart is full of gratitude that I was granted the privilege to be here. The memory of these days will live with me forever.

— Lady Evelyn Cobbold, 1933

May your journey echo the same grace, and return your heart filled with acceptance.



From Idea to Memory **A space for your reflections**

What began as a hope, a longing, an idea...
has now become a lived moment — a memory you will
carry for life.

Take a moment to pause.
What touched your heart?
What will you never forget?

This space is just for you — to write, to remember, and
to reflect on the journey you've made.
Your words may be the bridge between your experi-
ence and the future you shape.





أوقاف
الهيئة العامة للأوقاف
GENERAL AUTHORITY FOR AWQAF



مركز توعية ضيوف الرحمن
Pilgrims Awareness Center